

# Overactive Bladder Medications

## Drug Class: Anticholinergics

### Medications:

Toviaz (fesoterodine)  
Trospium (sanctura)  
Vesicare (solifenacin)  
Enablex (darifenacin)  
Detrol/Detrol LA (tolterodine)  
Ditropan (oxybutynin)

### Common Side Effects:

dry mouth  
constipation  
headaches  
urinary retention

### Serious Side Effects:

confusion/dementia

## Drug Class: Beta Agonists

### Medications:

Myrbetriq (Mirabegron)  
Gemtesa (Vibegron)

### Common Side Effects:

elevated blood pressure  
diarrhea  
urinary retention

If successful, medication can take up to 4 weeks to show improvement.

Medication may be started simultaneously with lifestyle adjustments.

## Medication Adjustments

Adjustments can be made to the

- dose (mg)
- frequency (daily, twice a day, or at bedtime)
- medication (switching medications)

## Insurance Coverage

Insurance does affect which medications are covered and how much they will cost.

This varies by situation and insurance policy. This can change every year depending on your policy. If you have changes to your policy and this affects your medication or treatment, please notify us.