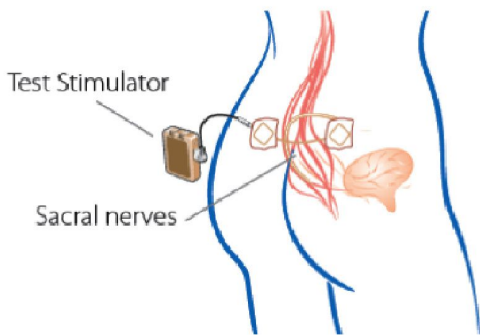


# InterStim® Therapy (Implant)



84% satisfaction among those who use it.



Battery life typically ranges from 7 to 15 years. There is also a rechargeable option.



Therapy adjustments and changes are made by your provider with a programmer that looks like a smart phone.

## What is it?

The InterStim® System uses gentle nerve stimulation to correct the bladder-brain communication pathway and restore bladder function.

## Risks

- Pain at implant sites
- Lead migration
- Infection
- Undesireable stimulation or sensation

## What to Expect

The InterStim® system uses an external device during a trial period and an internal device for long-term therapy.

### Test period

- The simple test starts at an outpatient center.
- A thin wire is inserted in the upper part of your buttock.
- This wire attaches to a small external battery worn discreetly under your clothes.
- The test lasts for 3-7 days.
- Your doctor may recommend a more advanced test in certain circumstances.

### Long Term Implantation

- The long term implantation is done at an outpatient center.
- The small device will be placed internally, under the skin.

Nurse Navigator: Ashley  
Phone: 573-381-5207  
Fax: 573-335-2007  
Email: [atille@capeurology.net](mailto:atille@capeurology.net)



#3 Doctors Park  
Cape Girardeau, MO  
63703